



My Daily Affirmations



Affirmations

I am amazing

I try hard at everything I do

I am brave

I am kind to others

I can be anything I want to be

I make lots of friends

I try my best at things I find hard

I am loved

I face my fears

I am good enough

I am worthy



My positive thoughts



I am.....

I am.....

I am.....

I am.....

I am.....

I am.....

I am.....

I am.....

